



الكونجرس الدولي الحادي عشر للتميز الطبي
في الأمراض الجلدية وطب التجميل

The 11th International Congress of Medical
Excellence in Dermatology & Aesthetic Medicine

Bridging Gaps, Sharing Knowledge!

24-26
SEP 2026

DUBAI WORLD
TRADE CENTRE

PRELIMINARY OVERVIEW
SCIENTIFIC AGENDA

SCIENTIFIC ORGANIZER



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SCIENTIFIC PROGRAM

THURSDAY · 24 September 2026



SHEIKH RASHID A · TRACK 1 — MAIN PLENARY

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 10:45 Session 1: Clinical Dermatology & Skin Disease		
09:30 - 09:45	Emerging Advances in Clinical Dermatology	Abdelhadi Jefri, KSA
09:45 - 10:00	Adult-onset Atopic Dermatitis: Diagnostic Challenges	Ashraf Reda, UAE
10:00 - 10:15	Autoimmune, Bullous and Blistering Skin Disorders	Raghda Almaashari, UAE
10:15 - 10:30	Practical Pearls in Clinical Dermatology	Antonio Torello, ILDS, USA Pre-Recorded
10:30 - 10:45	Q&A	
10:45 - 11:30 Session 2: Panel Discussion Session — Moderator: Maysa Eshmawi, KSA		
Theme: TBC		
10:45 - 11:30	1. Licensing Compliance and Scope of Practice	TBC, UAE
	2. Patient Safety, Advertising and Professional Standards	Abeer AlBazali, Kuwait
	3. Cross-Border Challenges in Dermatology and Aesthetic Regulation	Waleed Zadjali, Oman
	4. Alignments, Gaps and Future Opportunities Across the Region	Zainab AlMossalli, Bahrain
11:30 - 12:00	SS Slot 1	TBC
12:00 - 12:30	SS Slot 2	TBC
12:30 - 13:00 OPENING CEREMONY		
13:00 - 14:00 COFFEE BREAK		
14:00 - 14:30	SS Slot 3	TBC
14:30 - 15:00	SS Slot 4	TBC
15:00 - 15:30	SS Slot 5	TBC
15:30 - 16:00	SS Slot 6	TBC
16:15 - 16:45	SS Slot 7	TBC
16:45 - 18:20 Session 3: Regenerative Medicine, Longevity & Advanced Therapeutics — Moderator: Lama AlTawil		
16:45 - 17:00	Skin Aging Biology and Emerging Biomarkers	Malda Aldaoudi, UAE
17:00 - 17:15	Longevity and Preventive Dermatology	Lama Al Tawil, KSA
17:15 - 17:30	Regenerative Medicine in Dermatology	Abdullah AlEisa, KSA
17:30 - 17:45	Ethosomes and Advanced Drug Delivery Systems	Mohamed Tawara, Jordan
17:45 - 18:00	Gut–Skin Axis and Healthy Skin Aging	Minal Patwardan, UAE
18:00 - 18:15	Panel Discussion	Lama Al Tawil, KSA
18:15 - 18:20	Q&A	

SHEIKH RASHID B · TRACK 2

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 11:00 Session 4: Aesthetic Gynecology and Intimate Wellness — TBC		
11:00 - 12:30 Aesthetic Gynecology and Intimate Wellness Symposium — TBC		
12:30 - 13:00 OPENING CEREMONY		
13:00 - 14:00 COFFEE BREAK		
14:00 - 14:30	SS Slot 8	TBC
14:30 - 15:00	SS Slot 9	TBC
15:00 - 15:30	SS Slot 10	TBC
15:30 - 16:00	SS Slot 11	TBC
16:15 - 17:15 Session 5: Pigmentary Disorders & Photodermatology		
16:15 - 16:30	Melasma and Hyperpigmentation: Current Concepts and Treatment Updates	Ashraf Badawi, Canada
16:30 - 16:45	Vitiligo and Hypopigmentation Disorders: Diagnostic and Therapeutic Updates	Saad Al Talhaab, KSA
16:45 - 17:00	Advances in Photodermatology	Henry Lim, USA
17:00 - 17:15	Skin Quality and Barrier Function in Modern Dermatology	Aisha Al Ali, Oman
17:15 - 18:20 Session 6: Procedural and Practice-Oriented Dermatology		
17:15 - 17:30	Office-Based Procedures in Dermatology: Indications and Practical Applications	Zainab Al Mosalli, Bahrain
17:30 - 17:45	Challenging Cases in Clinical Dermatology	Soumiya Chiheb, Morocco
17:45 - 18:00	Lasers in Skin of Color: Optimizing Efficacy While Minimizing Complications and Outcomes	Omar Ibrahim, USA
18:00 - 18:15	TBC	Ahmed Ameen, UAE
18:15 - 18:20	Q&A	

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SHEIKH RASHID C · TRACK 3

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 10:30 Session 7: Aesthetic Dermatology & Injectables		
09:30 - 09:45	Neuromodulators and Dermal Fillers: Current Concepts and Clinical Updates	Thamer Almbki, KSA
09:45 - 10:00	Injectable Complications and Safety	Wael Saudi, Egypt
10:00 - 10:15	Biostimulators and Regenerative Injectables	Chadan Nadjji, UAE
10:15 - 10:30	Skin Boosters, Polynucleotides and Exosomes: Where Do They Fit?	Hangre Cho, South Korea
10:30 - 11:00	PL Slot 1	TBC
11:00 - 11:30	PL Slot 2	TBC
11:30 - 12:00	PL Slot 3	TBC
12:00 - 12:30	PL Slot 4	TBC
12:30 - 13:00 OPENING CEREMONY		
13:00 - 14:00 COFFEE BREAK		
14:00 - 14:30	PL Slot 5	TBC
14:30 - 15:00	PL Slot 6	TBC
15:00 - 15:30	PL Slot 7	TBC
15:30 - 16:00	PL Slot 8	TBC
16:15 - 17:15 Session 8: Aesthetic Dermatology & Injectables (cont.)		
16:15 - 16:30	Male Aesthetics	Rami Abadi, UAE
16:30 - 16:45	Aesthetic Treatments in Skin of Color	Pegah Dehdari, UAE
16:45 - 17:00	Cosmeceuticals in Dermatology Practice	Amin Amer, Egypt
17:00 - 17:15	Q&A	
17:15 - 18:20 Session 9: Oral Abstracts Session I		
17:15 - 17:30	Microneedle Radiofrequency in Erythematotelangiectatic Rosacea: Clinical and Histological Outcomes	Elena Nagibina, Russia
17:30 - 17:45	Clinical Outcomes of a Multimodal Prejuvenation Program in Adults Aged 25–35: A 12-Week Prospective Study	Elin Najafi, UAE
17:45 - 18:00	The Menopausal Patient: How Aesthetic Treatments Can Restore Confidence and Wellbeing	Nisha Menon, UK
18:00 - 18:15	From Thinning to Regrowth: A Clinical Case Series of Plant Exosomes in Hair Regeneration	Fowzieh Rasras, Jordan
18:15 - 18:20	Q&A	TBA

SHEIKH RASHID E · TRACK 5

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 12:30	SUTURE WORKSHOP (3 Hours) — Course Director & Lead: <i>Zuhair AlFardan, UAE & Omar AlAmiri, UAE</i>	
14:00 - 18:30	Basic Laser Course – Module 1 — <i>Ashraf Badawi, USA</i>	

SHEIKH RASHID A · TRACK 1 — MAIN PLENARY

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 10:00	TBC	TBC
10:00 - 11:00 Session 9: AAD Session — TBC		
11:00 - 12:00 EADV Session — TBC		
12:00 - 12:30	SS Slot 12	TBC
12:30 - 13:00	SS Slot 13	TBC
13:00 - 14:00 COFFEE BREAK		
14:00 - 14:30	SS Slot 14	TBC
14:30 - 15:00	SS Slot 15	TBC
15:00 - 15:30	SS Slot 16	TBC
15:30 - 16:00	SS Slot 17	TBC
16:15 - 18:15 Session 10: Digital Dermatology, AI & Practice Evolution		
16:15 - 16:25	Artificial Intelligence in Dermatology	Maysa Eshmawi, KSA
16:25 - 16:30	Digital Dermatology and Imaging Technologies	Khadaji AlJeffri, UAE
16:30 - 16:45	AI in Early Skin Cancer Detection	Dedee Murrell, Australia
16:45 - 17:00	Artificial Intelligence in Chinese Dermatology: Applications, Research, and Future Development	Ruiqun Qi, China
17:00 - 17:15	Ethical Social Media Use in Dermatology Practice	Amal Al Sabri, Egypt
17:15 - 17:30	AI Software in Aesthetic Practice — How It Improves Our Priorities and Results	Mohamed Ghoz, UAE
17:30 - 18:00	Practice Transformation in Dermatology: Digital Tools, Data and Workflow	Ahmed S. Aldhaheri, UAE
18:00 - 18:15	Q&A	

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SHEIKH RASHID B · TRACK 2

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 11:30 Session 11: Hair, Nail & Scalp Disorders		
09:30 - 09:45	Updates in Alopecia Treatment	<i>Ruaa Al Harithy, KSA</i>
09:45 - 10:00	Scalp Disorders and Trichoscopy	<i>Asmahane Soussi, Tunisia</i>
10:00 - 10:15	Exosomes (request for topic suggestion)	<i>Abdulla Alissa, KSA</i>
10:15 - 10:30	Updates in Scalp Dermatoses: Seborrheic Dermatitis, Folliculitis Decalvans, and Cicatricial Alopecia	<i>Hussain Abdeldayem, UAE</i>
10:30 - 10:45	Post-Hair Transplant Management: The Dermatologist's Role	<i>Mukesh M S, India</i>
10:45 - 11:00	Nail Disorders	<i>Asmahane Soussi, Tunisia</i>
11:00 - 11:15	Onychoscopy and Challenging Nail Cases	<i>Faisal Al Sbaiei, Kuwait</i>
11:15 - 11:30	Q&A	
11:30 - 12:00	SS Slot 18	<i>TBC</i>
12:00 - 12:30	SS Slot 19	<i>TBC</i>
12:30 - 13:00	SS Slot 20	<i>TBC</i>
13:05 - 14:00 COFFEE BREAK		
14:30 - 17:30	SS Slot 21: Dercos — L'Oréal	<i>TBA</i>

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SHEIKH RASHID C · TRACK 3

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 10:30 Session 12: Lasers & Energy-Based Devices		
09:30 - 09:45	Advances in Laser Dermatology	<i>Roudha Al-Dehneem, Qatar</i>
09:45 - 10:00	Energy-Based Devices for Skin Rejuvenation and Tightening	<i>Ahmed Al Issa, KSA</i>
10:00 - 10:15	Energy-Based Body Contouring	<i>Martin Kassir, USA</i>
10:15 - 10:30	Laser Applications in Dermatologic and Aesthetic Surgery	<i>Ahmed Sadek, Egypt</i>
10:30 - 10:35	Q&A	
10:35 - 11:05	PL Slot 9	<i>TBC</i>
11:05 - 11:35	PL Slot 10	<i>TBC</i>
11:35 - 12:05	PL Slot 11	<i>TBC</i>
12:05 - 12:35	PL Slot 12	<i>TBC</i>
12:35 - 13:05	PL Slot 13	<i>TBC</i>
13:05 - 14:00 COFFEE BREAK		
14:00 - 14:30	PL Slot 14	<i>TBC</i>
14:30 - 15:00	PL Slot 15	<i>TBC</i>
15:00 - 15:30	PL Slot 16	<i>TBC</i>
15:30 - 16:00	PL Slot 17	<i>TBC</i>
16:15 - 18:15 Session 13: RRP Oral Abstract Competition — Moderator: Ruaal Alharithy, KSA		
16:15 - 16:25	Paradoxical Alopecia Areata Linked To Adalimumab-Atto: Case Series	<i>Zaenab KHALIL, Qatar (TBC)</i>
16:25 - 16:35	Multimodal Therapy For Pediatric Alopecia: Synergistic 308-Nm Excimer Laser, Topical Steroids, And Short-Contact Retinoids	<i>Ayrton Michael Gonzales, Philippines (TBC)</i>
16:35 - 16:45	Comparative Study On The Therapeutic Efficacy Of Topical Bimatoprost (0.03%) Ophthalmic Solution And Tacrolimus (0.1%) Ointment In Stable Vitiligo.	<i>Riya Kalawat, India (TBC)</i>
16:45 - 16:55	Dermoscopy Of Cutaneous Leishmaniasis: Clinico-Dermoscopic Correlation: A Study Of 29 Cases And 67 Lesions	<i>Kawtar DIAA, Morocco (TBC)</i>
16:55 - 17:05	AI-Generated Clinical Images Of Head And Neck Lesions For Resident Education: An Expert Evaluation	<i>Zainalabden Jefri, Saudi Arabia (TBC)</i>
17:05 - 17:15	Evaluating Psychological Impact And Quality Of Life Outcomes Following Dermal Fillers For Facial Aesthetics: An Evidence-Based Review	<i>Madina hubail, Bahrain (TBC)</i>
17:15 - 17:25	Patients' Perceptions Of Dermatologists' Presence On Social Media And The Credibility Of Online Reviews	<i>Yasmina El Bouhali, Morocco (TBC)</i>
17:25 - 17:35	Body Dysmorphic Disorder In Dermatology Patients: Prevalence And Associations With Psychological Distress And Trauma	<i>Marwa Hallal, Lebanon (TBC)</i>
17:35 - 17:45	Adult Female Acne: Clinical, Hormonal And Metabolic Patterns In A Retrospective—Prospective Study	<i>Hanae LAMMINI, Morocco (TBC)</i>
17:45 - 17:55	Clinical And Dermoscopic Features Of Melanonychia: Insights From 212 Patients And 682 Nails	<i>Zineb AQASBI OUHAI, Morocco (TBC)</i>
17:55 - 18:05	Erythromelalgia: Severe Clinical Spectrum And Therapeutic Challenges — Experience Of A Tertiary Referral Center	<i>Imane DENNI, Morocco (TBC)</i>
18:05 - 18:15	Clinical Characterization And Patch Testing In Pediatric Hand-Foot Dermatitis: An Observational Study	<i>Shatabdee Sahoo, India (TBC)</i>
18:15 - 18:30	Jury Review and Announcement of Winners	

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SHEIKH RASHID E · TRACK 5

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 18:30	Basic Laser Course – Module 2 —	Ashraf Badawi, USA

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SHEIKH RASHID A · TRACK 1 — MAIN PLENARY

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 10:35 Session 14: Dermatology Beyond the Skin — Systemic Connections and Whole-Patient Care		
09:30 - 09:45	Psychodermatology: The Mind–Skin Connection in Clinical Practice	Enas Attia, UAE
09:45 - 10:00	Dermatology and Women's Health Across Life Stages	Sultan AlKaabi, UAE
10:00 - 10:15	Nutritional and Metabolic Factors in Skin Health	Alia Galadari, UAE
10:15 - 10:30	Dermatology Beyond the Skin: Systemic Connections and Whole-Patient Care	Nicolay Potekaev, Russia
10:30 - 10:35	Q&A	
10:35 - 11:40 Session 15: Current Perspectives in Medical Dermatology		
10:35 - 10:50	JAAD Review	Ameen Al Awadhi, UAE - TBC
10:50 - 11:05	Dermoscopy in Daily Dermatology Practice: Beyond Melanoma	Fatima Al Mernissi, Morocco
11:05 - 11:20	New treatment of atopic dermatitis: Chinese perspective	Jianzhong Zhang, China
11:20 - 11:35	TBC: Request to propose 2 topics in line with the session theme for committee to choose	Fatma Mostafa Shaban, UAE
11:35 - 11:40	Q&A	
11:40 - 12:30 Session 16: Pediatric Dermatology		
11:40 - 11:55	Pediatric Dermatology: Key Updates	Zaidoon Abdelhadi, UAE
11:55 - 12:10	Topic - TBC	Mariam Al Suwaidi, UAE - TBC
12:10 - 12:25	Pediatric Alopecia: Diagnosis and Management	Nabila Mahmoud Eid Rashid, UAE
12:25 - 12:30	Q&A	
12:30 - 13:00	SS Slot 22	TBC
13:00 - 14:00 COFFEE BREAK		
14:00 - 14:30	SS Slot 23	TBC
14:30 - 15:00	SS Slot 24	TBC
15:00 - 16:05 Session 17: Controversies, Consensus and Difficult Decisions in Modern Dermatology		
15:00 - 15:15	When Less Is More: Avoiding Overtreatment in Aesthetic and Clinical Dermatology	Martin Kassir, KSA
15:15 - 15:30	Hot Topics and Controversies in Skin Rejuvenation	Razan Kadry, UAE
15:30 - 15:45	Balancing Evidence, Experience and Trends in Daily Practice	Abdelhadi Jefri, KSA
15:45 - 16:00	What Should Change in Dermatology Practice Across the Region?	Sultan AlKenaizan, KSA
16:00 - 16:05	Q&A	
16:15 - 17:35 GCC Residents Session — Moderator: Ameen AlAwadhi		

SHEIKH RASHID B · TRACK 2

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 11:30 Session 18: Aestheticians Session — TBC		
11:30 - 12:00	Aestheticians Symposium	TBC
12:00 - 12:30	Aestheticians Symposium	TBC
12:30 - 13:00	Aestheticians Symposium	TBC
13:00 - 14:00 COFFEE BREAK		
14:00 - 16:15 Session 19: Plastic Surgery Symposium — TBC		
16:15 - 17:35	Plastic Surgery Session	TBC

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SHEIKH RASHID C · TRACK 3

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
09:30 - 10:35 Session 20: The Next-Generation Dermatologist — Building a Strong Career from Day One		
09:30 - 09:45	Challenging Cases from the Region — Riyadh	<i>Sultan AlKhenazan, KSA</i>
09:45 - 10:00	How to Build Clinical Confidence Early in Practice	<i>Shaden Abdelhadi, UAE</i>
10:00 - 10:15	How to Secure a Residency Slot in the Region	<i>Abeer AlBazali, Kuwait</i>
10:15 - 10:30	Choosing Your Path: Academic, Hospital, Aesthetic or Private Practice Dermatology	<i>Fatima Al Sayaar, UAE - TBC</i>
10:30 - 10:35	Q&A	
10:35 - 13:05	PL Slot 18 – 22	<i>TBA</i>
13:00 - 14:00 COFFEE BREAK		
14:00 - 15:00	PL Slot 23 & 24	<i>TBC</i>
15:00 - 16:05 Session 21: Modern Aesthetics Practice — The Non-Clinical Skills That Matter		
15:00 - 15:15	Communication Skills in Aesthetic Consultations	<i>Maria Khattar, UAE - TBC</i>
15:15 - 15:30	Managing Difficult Patients and Unrealistic Expectations	<i>Fatima Al Sayaar, UAE</i>
15:30 - 15:45	Documentation, Consent and Medico-Legal Protection	<i>Waleed Zadjali, Oman - TBC</i>
15:45 - 16:00	Building Trust, Reputation and Professional Identity	<i>Noufal Raboobee, S/Africa - TBC</i>
16:00 - 16:05	Q&A	
16:15 - 17:35 Session 22: Oral Abstracts Session II		
16:15 - 16:30	Digital Aging: Blue Light, Screens and the New Skin Enemy	<i>Saada Mohamed Elbahrawy, Oman</i>
16:30 - 16:45	A Step-by-Step Workflow for Dermatologists to Create AI-Assisted Social Media Videos Without Technical Expertise	<i>Prakash Acharya, Nepal</i>
16:45 - 17:00	Artificial Intelligence-Assisted Personalized Protocols for Pigmentary Disorders in Diverse Skin Types in LMICs: A Systematic Scoping Review	<i>Mohd Faizan Siddiqui, Morocco</i>
17:15 - 17:30	Nanofat, SVF and Adipose-Derived Stem Cells in Minimally Invasive Facial Aesthetics: A Systematic Review	<i>Mohammad Abedalnabi, KSA</i>
17:30 - 17:35	Q&A	

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SHEIKH RASHID E · TRACK 5

TIMING	TITLE	SPEAKER
09:00 - 09:30 MORNING COFFEE		
10:00 - 13:00	Advanced Laser Course —	Ashraf Badawi, USA